

Hi Everyone,

After the immense success of Bikram's 1st Australian Advanced Seminar we are happy to announce the confirmed dates for Bikram's 3rd European Advanced Seminar as April 1st - 7th 2012. It will be held at one of Europe's finest five-star hotels and leading Spa resort: The Hotel Dubrovnik Palace, Masarykov put 20, Dubrovnik 20000, Croatia.

Croatia and the magnificent Dalmatian coastline is historically and culturally significant, lovingly restored and on the hot list of places you need to experience. As early as 19th century it was discovered by celebrities as a place to be seen. Dubrovnik is an old city on the Adriatic Sea coast in the extreme south of Croatia and has ever been a favorite of world travelers! From unspoiled countryside vistas to the sparkling clear waters of the Adriatic, the charms and hospitality of this little country will delight you. Dubrovnik is one of the most prominent tourist resorts of the Mediterranean, nicknamed "Pearl of the Adriatic" and is listed as a UNESCO World Heritage Site since 1979. Dubrovnik is steeped in stunning architecture and sculptural detail. There are also beautiful beaches close to the town.

The seminar includes two classes per day Monday to Friday.
Beginning class starts at 8.30 AM and advanced class follows after a short break.
Saturday: Beginning class only.
Six night's accommodations: Sunday to Saturday with buffet breakfast included.
Hotel check-in is at 3 PM, check-out is at 1 PM.

Bikram's Orientation lecture is on Sunday April 1st evening. Classes will begin on April 2nd in the morning. If you are a beginner to the advanced practice this is the perfect opportunity to learn the technique for each pose and the details of the beautiful 84 posture series. There will be demonstrations and personal corrections as well as Bikram's energy to take your practice to a new level.

Teachers due to recertify please go to the recertification page of our website before March 25th and both register and pay for recertification separately from your registration and payment for the seminar. Recertification lecture is on Thursday 5th April evening.

The hotel rooms are double occupancy. We can accommodate your roommate request if you specify this on your registration form. There is a maximum of two adults per room. Additional nights are \$150 per room.

Shared accommodation is \$1,300 per person.

~~For reservation received before February 25th. Thereafter \$1,500~~

Single room accommodation: \$1,800.

~~For reservation received before February 25th. Thereafter \$2,100~~

All individual reservations must be guaranteed with a major credit card.

A reservation form is on our website www.bikramyoga.com please visit the seminars page.

Download it, fill it in and fax, mail, or scan and email it to HQ.

Once your reservation form is received we will send you a confirmation email.

Please print clearly on the reservation form so we can maintain communication with you.

Reservations cancelled within thirty (30) days of the arrival date are non-refundable.

For more information about the location please visit The Hotel Dubrovnik Palace website

Let your students, friends and family know the seminar is also open to beginners and is the perfect opportunity for all students, new and old, to meet and take class from The Master himself.

Please contact seminars@bikramyoga.com with any questions.

We look forward to seeing you in Croatia!!