

2008-2009 INTERNATIONAL REGIONAL CHAMPIONSHIPS

| DATE | REGION | COUNTRY | TIME | COMPETITION LOCATION | HOST | PHONE # | EMAIL |
|-------------------|----------------------------------|---|----------|---|---|-----------------|--|
| AFRICA | | | | | | | |
| Cancelled | | S. Africa | | | Claire Lane | | claire@byr.co.za |
| S. AMERICA | | | | | | | |
| 12/14/2008 | | Chile Costa Rica | 5:00 PM | B'nai B'rith, Convention Center Av. Ricardo Lyon 1933, Santiago, Chile | Pablo Sandor & Caterina Caimi Mark Drost | | ccaimis@gmail.com yoganowmark@gmail.com |
| ASIA | | | | | | | |
| | | China India Indonesia Japan Korea Nepal Philippines Singapore | | | Rajan Shilpakar | | rajansilpakar@hotmail.com |
| 10/18/2008 | | Thailand | | | Diane Lee | 65-633-96639 | diane@bikramyoga.sg |
| 11/8/2008 | | | | | Rich Nichols | | spinetwist@gmail.com |
| 11/30/2008 | AUSTRALIA NEW ZEALAND | | | | Tessa Rottiers | | bikramyoga@iprimus.com.au |
| 12/7/2008 | CANADA | EASTERN | 1:00 PM | Alumnae Theatre, Toronto Capilano University, Sportsplex 2055 Purcell Way | Marisa Sterling | | marisa_sterling@hotmail.com |
| 1/18/2009 | | WESTERN | 10:30 AM | North Vancouver, BC | Brad Colwell | | brad@bikramyogametrotown.com |
| Cancelled | MEXICO | | | | Ulises Calatayud | | bikramyogainfo@bikramyogamexico.com |
| 1/23/2009 | ENGLAND | | 7:00 PM | Chiswick studio Essex Place, Chiswick High Road London W4 5UT England | Johnny | 020.8995.9955 | johnny@bikramrichmond.co.uk |
| 11/23/2008 | EUROPE | Austria Belgium | | | | | |
| 11/30/2008 | | Czech Republic | 5:30 PM | Betlémská Kaple, Betlémské nám. 4/255 Prague | Tereza Bonnet-Šenková | 420-22-422-2892 | info@bikramyoga.cz |
| 11/23/2008 | | France Germany Hungary Ireland Israel Italy Netherlands Spain Sweden Switzerland | 4:00 PM | Hotel Holiday Inn Express, 68 quai de la seir Helene Fournier 75019 Paris | | | helene@bikramyogaparis.com |