

2008-2009 U.S. REGIONAL CHAMPIONSHIPS

DATE	REGION	TIME	CHAMPIONSHIP LOCATION	HOST	PHONE #	EMAIL
10/25/2008	ARIZONA	12 noon	AZ Hist. Society Museum. Tempe	Nicole Stroud	480-518-0608	nicole_stroud@yahoo.com
10/25/2008	CALIFORNIA	N. 11:30 AM	Francisco Middle School, SF	Shelby & John Rayner	623-535-1257	info@bikramyogaavondale.com
11/1/2008	CALIFORNIA	S. 1:00 PM	Lanerman Auditorium, La Canada	Jena Blackwood	612-749-9053	jenamoustapha@yahoo.com
10/18/2008	COLORADO	1:00 PM	Colorado State University	Rose Maimberg	818/952-5335	bikramlacanada@yahoo.com
				Bridgett & Kyle Baxter	970/339-9101	kyleobaxter@yahoo.com , bqharrity@gmail.com
11/2/2008	FLORIDA	1:00 PM	Embassy Suites, Orlando	Carol Crain	407-765-5640	ccrain2004@aol.com
12/7/2008	GEORGIA			Naomi Ross	770-578-6555	nomiross@gmail.com
		NC				
		SC				
	HAWAII			Gail Bursell		gailsvenbursell@gmail.com
	IDAHO			Jamie Mitchell	208-850-3377	jamie@bikramyogalakeharbor.com
8/23/2008	ILLINOIS	12 noon	Navy Pier, Chicago, IL	Mike Frayer & Kyla Crouthamel	720-470-7928	
				Glen and Aryana Brown	812-948-9648	ayannaeb@gmail.com
9/20/2008	MID-WEST	12 Noon	Clayton High School, Clayton	Erin Stack	314-644-2226	erin@yogastlouis.com
		IN				
		KS				
		MO				
		TN				
	KENTUCKY					
11/16/2008	MID-ATLANTIC		Annapolis Mall, Annapolis, MD	Emily Norfolk	410-315-9642	bikramyogasevernapark@gmail.com
		MD				
		VA				
		D.C.				
	MICHIGAN			Melissa Curnett		info@bikramyogadetroit.com
12/11/2008	MINNESOTA			Martha Williams	612/870-9642	bycimpls@earthlink.net
12/6/2008	MONTANA	12 Noon	Bikram Yoga Missoula	Lora Gustafson		info@bikrammissoula.com
10/26/2008	NEVADA	11:00 AM	Town Square, Las Vegas	King Rollins & Sharon Orr	303/908-8441	sispears@aol.com
10/18/2008	NEW ENGLAND		SpringStep, Medford, MA	Teri Almquist	978-689-9642	justeri@verizon.net
		MA				
		NH				
		VT				
		RI				
		ME				
	NEW MEXICO			John & Natalie Surie	201-594-9642	admin@bikramyogannj.com
10/19/2008	NEW YORK	7:30 PM	Merkin Hall, W. 65th St., NY, NY	Melissa Theesfeld	505-412-9047	melissa@bikramlosalamos.com
				Donna Rubin	917-513-9642	drubin@bikramyoganyc.com
		CT				
		NJ				
11/23/2008	OREGON	1:30 PM	Multnomah Arts Center, Portland	Bob Bielefield	503-526-8828	ribiele@aol.com
11/1/2008	PENNSYLVANIA	7:00 PM	Bikram Yoga Philadelphia	Joel Pier & James Pfeffer	215-977-9642	jamesmrpurple@yahoo.com
10/19/2008	TEXAS	12 noon	White Rock Lake, Dallas, TX	David & Karen Buckner	214-824-9642	info@yogadallas.com
12/6/2008	UTAH			Jay Jones	801-488-4681	yogaiones@bikramyogaslc.com
12/7/2008	WASHINGTON	4:00 PM	Bikram Yoga Shoreline	Frankie Oser & Laura Culberg	206-992-4341	sweatboxyoga@yahoo.com