

Dear Bikram,

With all of the unsettling geological phenomena and global warming going on in the world we need to stay very positive and calm. You never know what life will bring.

Now is the time to appreciate the source of our soul.

Happy Mother's Day to all of the mothers and grandmothers!

Make sure that you make space in your life to spend quality time with the ones that you cherish most.

We had a successful move to our new location of headquarters in Los Angeles. Life was busy, not a dull moment.

Teacher training has remained in Las Vegas and this is the largest one yet with 359 students from 32 countries including Kazakhstan!

Here is a complete list of my seminars to date:

Dublin: Seminar May 16, 2010

Manchester: Seminar May 17, 2010

Brighton: Master Class May 19, 2010

Berkeley: Benefit Class for Bishnu Ghosh Fund July 11, 2010

Sydney: Seminar August 7, 2010

Sacramento: Seminar September 11, 2010

Phoenix: Seminar October 2, 2010

Barcelona: Seminar October 23, 2010

Orlando: Women's Retreat November 5 - 7, 2010

The Women's Retreat this year will be held at the newly renovated [Doubletree Resort in Orlando](#) a warm and tranquil travel oasis redefining the vacation experience. Go to bikramyogami.com for registration and more information.

Thank you for all of your love and support!

Love & Peace,

Rajashree

[Forward email](#)



This email was sent to ainslie@bikramyoga.com by rajashree@bikramyoga.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

5/23/2011

Spring Newsletter

Bikram's Yoga College of India | 11500 W Olympic Blvd. | Los Angeles | CA | 90064