

Hello Everyone,

Here we are at the end of the year and I can't believe it is almost over. Although this has been another challenging year, with many ups and downs, it was never boring. In overcoming hardships we collect knowledge and experience of the past and gain wisdom for the future. This keeps life interesting.

We completed another Teacher Training with 23 countries including the USA. Las Vegas, our new home, offers many different forms and varieties of entertainment.

I want to invite all of you to attend the 7<sup>th</sup> annual Bishnu Charan Ghosh Yoga Asana Championships (link to web). Please book your hotel room soon to get the special rate (link.) We want all of you to participate all weekend.

My upcoming Seminars:

**January**

\*Kripalu: 15 - 18

**March**

\*Singapore: 6

**May**

Ireland: 15

Manchester: 16

London: 22

Bristol: 23

**August**

Australia:

**September**

Arizona:

Sacramento: 18

**October**

Connecticut:

**November**

Women's Retreat: Florida

Contact Ainslie for seminar information or if you would like to receive my newsletter and you are not a Bikram Yoga teacher.

Company roster:

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Teacher Training Registrar

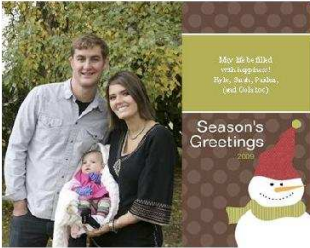
Bobby McInnis: [orders@bikramyoga.com](mailto:orders@bikramyoga.com)

Orders

New Additions: If I missed any babies or marriages, congratulations to all of you.



Chloe, daughter of Elaina Zorensky, Director of Tempe Tage, son of Jodie of BY Brookvale, Tereza's Valentina



Sarah Baughn's daughter Paiden



Kaila Mae, Bikram Yoga St. Augustine David Arthur from Boise



Lydia of BY Rotterdam's wedding!



Martha William's new baby Rafe

The New Year is here. I am hoping it will be filled with joy and peace for the Bikram Yoga Community. I send my love and prayers to you all.

Love & Peace,

*Rajashree*